



TECHNICAL GUIDE 2026

www.reallyradcx.com
#RRFCX
International Cycling and Event Services
USAC Permit # pending

October 24-25, 2026
Cape Cod Fairgrounds
319 Currier Road, East Falmouth, MA 02536
Version 1

EVENT OVERVIEW

The Really Rad Festival of Cyclocross is the continuation of the Plymouth Cyclocross that started in 1977 at Plymouth Carver High School in Plymouth, Massachusetts. Upon moving to the Cape Cod Fairgrounds in 2016, the race was renamed and expanded.

2018 - RRFCX joins the USA Cycling ProCX calendar with the addition of UCI C2 races.

2021 - UCI races were updated to include one day of C1 racing and one day of C2 racing.

2022 - PanAm Cyclocross Championships help at RRFCX in addition to C1 and C2 race days.

2026 - RRFCX foregoes UCI sanctioning to better serve the people who are coming out to race.

RRFCX provides world class racing to the New England cyclocross calendar while remaining accessible to all riders, amateur and professional alike.

PRODUCTION STAFF

Race Production	International Cycling	rrfcx@reallyradcx.com
Race Director	Adam Sykes	adam@intlccycling.com
Race Director	Bill Sykes	bill@intlccycling.com
Registration Director	Bree Sykes	registration@intlccycling.com
Athlete Relations	RRFCX	rrfcx@reallyradcx.com
Media	International Cycling	media@reallyradcx.com

RACE SCHEDULE

Time	Field	Category	Duration	Field Limit	Prize List
7:30 AM	Junior Men	13-14	30 min	50	Medals
+ 0:30	Junior Women	13-14	30 min	50	Medals
+ 0:30	Junior Men	11-12	30 min	50	Medals
+ 0:30	Junior Women	11-12	30 min	50	Medals
+ 0:30	Junior Men	9-10	30 min	50	Medals
+ 0:30	Junior Women	9-10	30 min	50	Medals
8:10 AM	Men	cat 4/5	45 min	100	Medals
9:05 AM	Master Men	40+	45 min	50	Medals
+ 0:30	Master Men	50+	45 min	50	Medals
+ 0:30	Master Men	60+	45 min	50	Medals
+ 0:30	Master Men	70+	45 min	50	Medals
10:00 AM	Master Women	40+	45 min	50	Medals
+ 0:30	Master Women	50+	45 min	50	Medals
+ 0:30	Master Women	60+	45 min	50	Medals
+ 0:30	Women	cat 4/5	45 min	50	Medals
10:55 AM	Men	cat 2/3/4	45 min	100	Medals
11:45 AM	Women	cat 2/3/4	45 min	50	Medals
	Junior Women U19	u19	45 min	50	Medals
12:00 PM	Kids race	kids	20 min		Medals
12:35 PM	Junior Men U19		45 min	50	Medals
+ 0:30	Men 40+	cat 3/4/5	45 min	75	Medals
1:25 PM	Elite Women	P/1/2/3	50 min	75	\$1200/3
2:25 PM	Elite Men	P/1/2/3	60 min	75	\$1200/3
3:35 PM	Corner Cycle Fat tire	open	30 min		Medals

schedule subject to change

DIRECTIONS and TRAVEL

Event Address

Cape Cod Fairgrounds
319 Currier Rd
East Falmouth, MA 02536

From All Points North

RT 28 South to RT 151 West
Fairgrounds are 4.4 miles on left
Follow Signs for Race Parking

From All Points East

RT 28 North to RT 151 East
Fairgrounds are 2.2 miles on right
Follow Signs for Race Parking

Flights

The Cape Cod Fairgrounds are about the same distance from either TF Green (Providence) or Logan International (Boston). You may find it easier to come in from Providence.

From Logan (BOS)

RTI-93 South
RT 3 South
RT 6 West
RT 28 South
RT 151 West
Fairgrounds are 4.4 miles on left
Follow Signs for Race Parking

From TF Green (PVD)

RT I-95 North
RT I-195 East
RT 25 South
RT 28 South
RT 151 West
Fairgrounds are 4.4 miles on left
Follow Signs for Race Parking

LODGING

Falmouth is a summer tourist town. The options for lodging are abundant during the fall.

RRFCX recommends the Falmouth Inn: <https://www.falmouthinn.com>

For a list of other great place to stay, check out the Falmouth Visitors website

<https://falmouthvisitor.com/falmouth-ma-hotels-motels/>

PARKING

General parking for the event will be accessed at the West Gate of the Fairgrounds on Currier RD. There is no fee for general parking.

Overflow parking will be directed via parking attendants and signage.

There shall be no tents or overnight parking in the general parking area

RV's who wish to park overnight may purchase a parking spot on bikereg.com

Teams or riders who wish to setup tents or park on the infield of the event grounds may do so by purchasing a spot on bikereg.com

Pro teams who wish to park on the infield may purchase a spot on bikereg.com

All parking and tent areas are assigned on a first come/first served basis.

RULES and REGULATIONS

All amateur races at the Really Rad Festival of Cyclocross are governed under the Rules and Regulations set forth by USA Cycling. All Racers must have a valid USA Cycling license and must sign the associated release form.

RULES and REGULATIONS

There are a few things we ask of you at the RRFCX:

At RRFCX, all participants have an equal opportunity to race without discrimination on the basis of race, color, religion, age, gender, sexual orientation, or national origin. RRFCX follows all rules and regulations outlined by USA Cycling and the UCI. Come one, come all. We want you to race at RRFCX and have a great time!

Participants who harass or otherwise intimidate other athletes who are in compliance with USAC and UCI regulations will be asked to leave. There is enough hardship in the world and we don't want to be dealing with it when we are all trying to enjoy a bike racing event.

Camping - There is no tent camping at the Cape Cod Fairgrounds.

Alcohol - We have a great beer garden for you to enjoy some tasty brews. The Town of Falmouth requires that all alcohol be consumed only in the permitted areas. Please support our beer sponsor instead of bringing your own. No outside alcohol is allowed.

Fighting - No fighting.

Drones - No drones please. The Fairgrounds are close to Otis Air Force Base. They really don't take kindly to drones in the area.

Fun - Have lots of it. The RRFCX aims to give you, the rider, a fun and safe environment to enjoy a weekend of outstanding bike racing. Whether you're on a cross bike for the first time or you're chasing UCI points, we want you to enjoy yourself. If anything is totally out of whack, let the race staff know and we'll address it right away.

REGISTRATION

- Preregistration is highly recommended for all races on bikereg.com
- Release forms may now be eSigned on bikereg.com
- All USAC races will have day-of registration available on a first come first served basis
- Number pick up and registration sign in will be near the finish line on the race site. Signs will be placed to show you the way
- Rides may sign in and pick up numbers on Friday October 23rd from 1-5pm
- Registration opens one hour before the first race of the day
- USAC Registration for amateur closes 30 minutes before each race
- Field limits for each race are posted in the race schedule.

NUMBER PLACEMENT

All races will receive ONE BIB Number and two shoulder numbers.



WARM UP and COURSE PREVIEW

Course preview will be available beginning Friday October 23rd from 1pm-5pm.

Riders on the course at this time may encounter staff making final adjustments and are advised to use caution.

Course opens each day officially at 6:00am. All riders are welcome to preview the course at this time.

There is a 10 minute gap between each race block during the day. Riders are welcome to inspect the course after each race finishes.

Please enter the course AFTER the finish line as to not interfere with any riders still finishing their race.

Any rider who interferes with an in-progress race may be asked to leave, forfeiting their registration fee.

If you'd like to get an earlier look at the course, please contact International Cycling about assisting on the course setup. There is time for riders who volunteer to get in a few laps before the course is closed for inspection by UCI officials on Friday.

If you're interested, please contact RRFCX@reallyradcx.com.

STAGING and STARTING ORDER

USAC RACES

The start staging area is located before the finish straight. Riders are advised to be in the vicinity of the Start Staging Area at least 15 minutes prior to race start time.

Rider call-ups/start grid position will be done for pre-registered riders only based on crossresults.com points. If riders are not present with 10 minutes to start and miss their call-up, they will lose their start grid position. Concerns about start order should be addressed with the Registrar no less than 30 minutes before the start of the respective event. Riders registering day of will fill in behind.

LAPPED RIDERS

USAC Races

Every effort will be made to permit all riders to complete the full length of their race. Riders who are lapped will be allowed to remain in the race, but must avoid impeding the progress of un-lapped racers. Please stay to the side of the course if you are being lapped. Lapped riders may be held before the final finish straight if a finishing sprint is developing or in progress. Race officials have final determination as to the status of any lapped riders. All riders will finish on the same lap as the lead rider per USAC rules as outlined in section 4H1(d).

RESULTS and TIMING

All races will be timed by Mainsport Timing using a Finishlynx video camera at the finish line. Final results are confirmed and certified by the Chief Judge.

Results will be posted on a clearly marked results board adjacent to the officials stand in the finish line area.

Riders have a window of 15 minutes from the time of the posting of results to protest said results. After the 15 minutes, the protest period is over.

ALL RESULTS ARE FINAL AFTER THE PROTEST PERIOD.

AWARDS

Elite race prizes are as follows: First place - \$700 Second place - \$300 Third place - \$200

All other races are MEDALS/3 for all fields

Awards for all races will take place at the awards podium near the finish area approximately 20 minutes after each race. Riders are asked to at least wear their team kit or clothing on the podium.

All awards and prize money must be picked up at Registration before the end of each day. No awards will be mailed.

All podiums will be for top three finishers.

PIT and BIKE WASH

The PIT is located down course from the Start/Finish chute. To access the PIT, follow signs at the main crossing just after the finish truss

Neutral Support will be available in the PIT.

The PIT bike wash will be centrally located. This bike washing station is only for use by staff of riders who are in the current race.

Riders are asked to promptly remove their equipment from the PIT area to make room for riders in the next race.

A separate bike wash is located near the start area for use at any time.

PIT ACCESS

USAC Races

Each rider is allowed two assistants in the PIT. Please remove your bike and wheels promptly after your race is completed.

COURSE DESCRIPTION

Course: 3.5km (2.1 miles)

The RRFCX course features varied terrain; asphalt, grass, hard packed sand, deep-loose sand, and wooded areas with bumpy roots. The barriers are 4.2 m (14') wide and 40cm tall. A 45m (148') long loose sand pit is featured after the barriers. There is a short set of steps and a set of three logs/mini-steps.

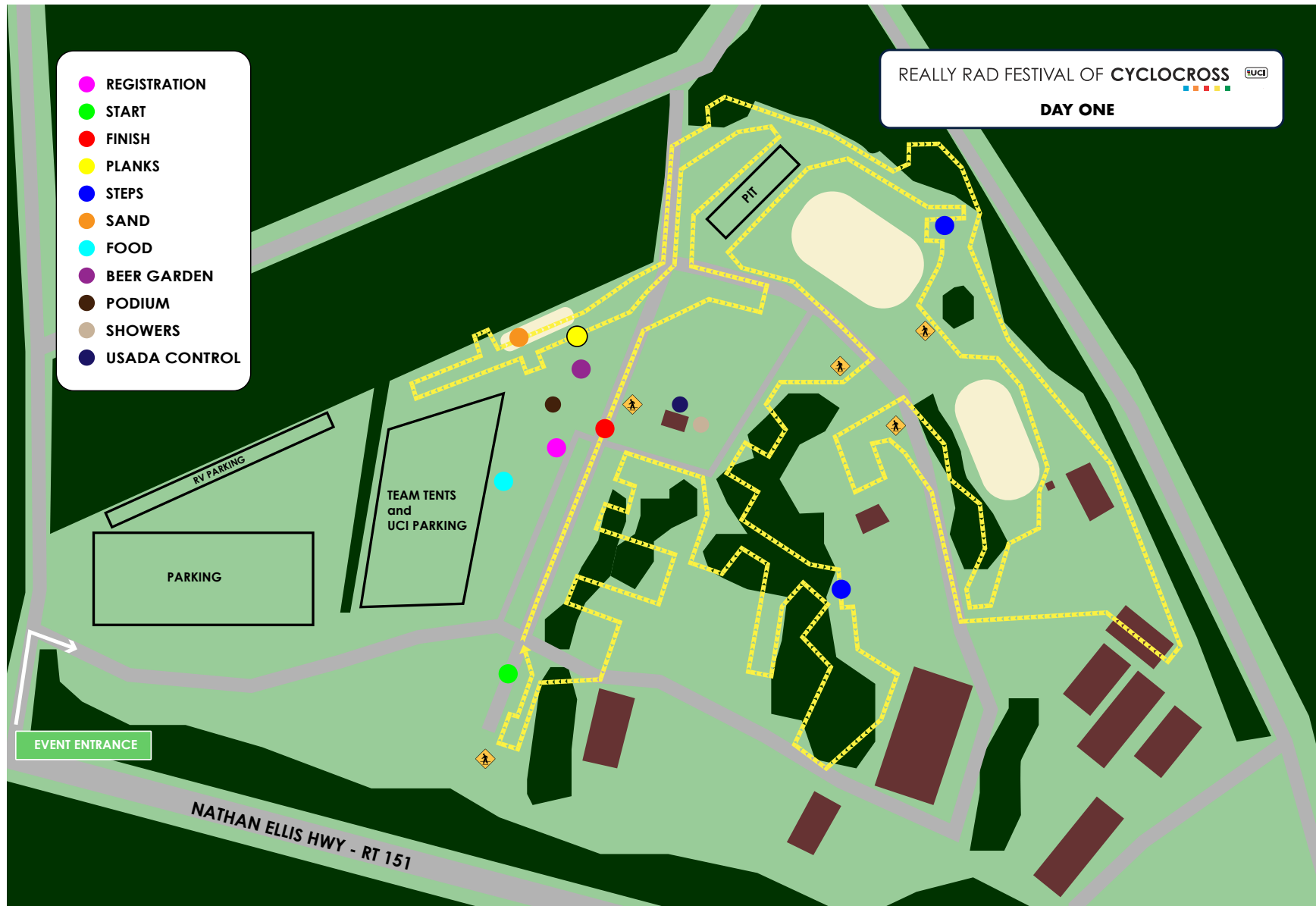
The course is designed with a mix of increasing and decreasing radius turns, which are strategically placed to require racers to pick the optimal time to attack.

The RRFCX wants to see bike racers racing against bike racers. The course is designed as such and is not a mountain bike course. Racers will require a balance of technical skill, fitness, and tactics to win.

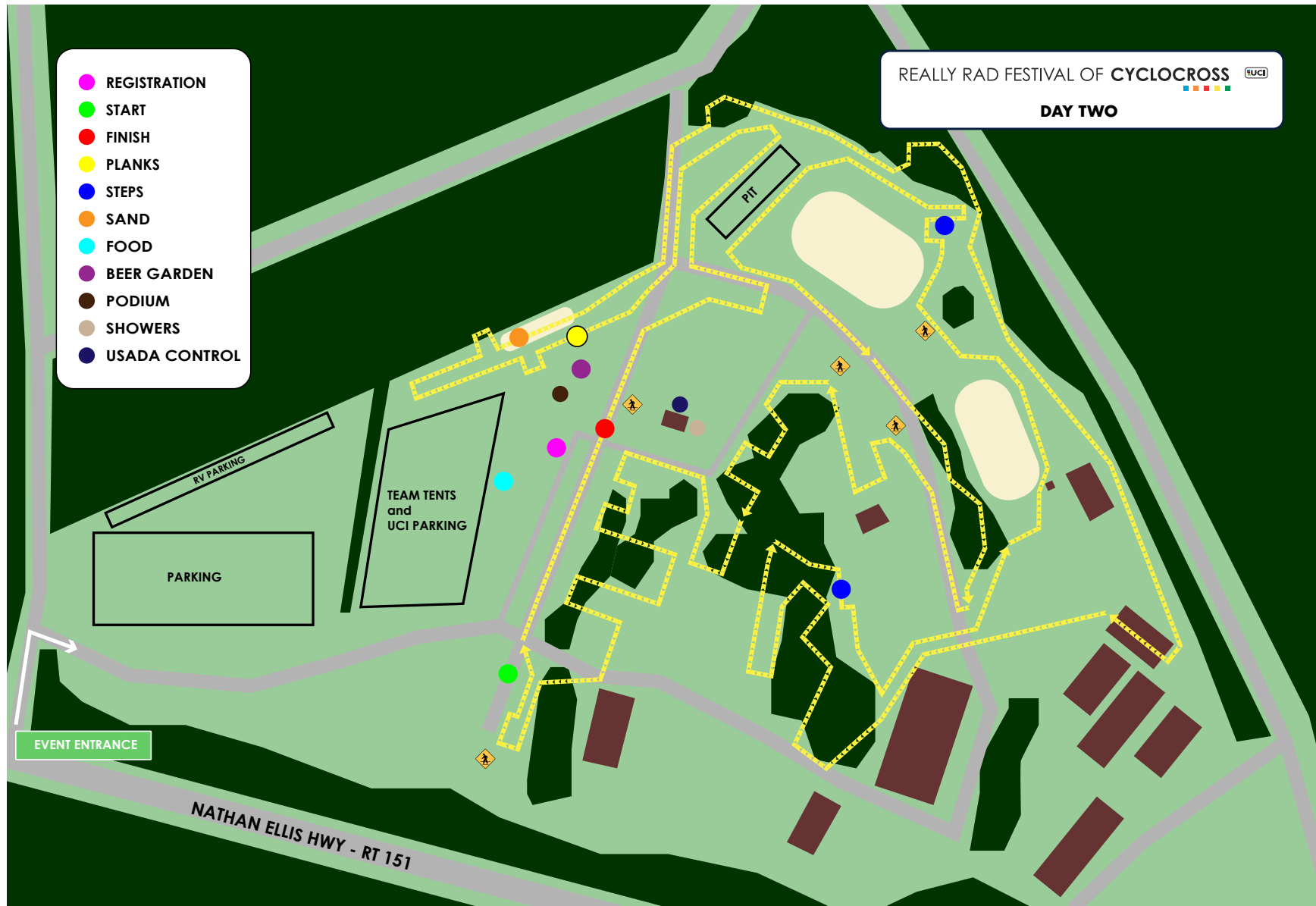
Laps are predicted to be ~06:30 for Elites to ~11:50 for Cat5

*course features subject to change

COURSE and SITE MAP DAY 1



COURSE and SITE MAP DAY 2



AMATEUR TEAM/CLUB TENTS

To Park in the Team Tent area, you must have a pass. Passes can only be purchased in advance on bikereg.com. Each Team Tent spot gets a 25' x 20' space for ONE car and ONE 10 x 10 tent.

First come, first served. The fee is \$80. This fee covers the entire event weekend. Tents may be left set up over night. Suitable stakes or weights are requested to be used on all tents.

Team Tent parking gives you, your team, and your friends an outstanding location to set up camp. You'll be close to all the action as well as the Start, Finish, Registration, the PIT, the Beer Garden, Food, and most importantly, the toilets.

Enhance your weekend at the RRFCX by reserving your spot in advance.

***There are no day-of options to purchase a Team Tent spot.

EXPO TENTS

Expo Tent Spots are available right on the walk-way to registration. 25' x 20' Expo Tent spaces are \$200 for the entire weekend. If you're looking for a great location to set up shop and hawk your wares, contact rrfcx@intlcycling.com for more information

PRO TEAM PARKING

Reserved parking for Pro teams requires a pass and MUST be made in advance via bikereg.com. The fee for Pro Team parking is \$120-\$200 and covers Friday-Sunday.

Please include team name, contact name, phone number, email address, a description of your set up, and the plot size you'll need. All plots are 20' deep. Please don't request more space than you will actually need.

Health and Safety

There will be a staffed medical tent adjacent to Registration as well as First Responders situated around the venue.

In the event of an emergency notify event staff immediately.

HOSPITALS

14 minute drive from event site:

Falmouth Hospital
100 Ter Heun Dr, Falmouth, MA 02540

30 minute drive from event site:

Cape Cod Hospital
27 Park St, Hyannis, MA 02601

Communicable Illnesses

There are many communicable illness that affect humanity. If you are ill and could spread illness to others, it is advised that you abstain from visiting the event. Long term health is important to us all.

VOLUNTEERING

Putting on a big bike race is not a small task. The RRFCX is always looking for people to assist in the production of the race. Here are a few of the opportunities available:

- Course Setup and Break Down
- Course Crossing Marshals
- Parking Staff
- and many others

Riders who volunteer for a half day, will receive a credit toward their registration. If you are interested, please contact International Cycling at rrfcx@intlcyling.com

CONTACT

General Inquiries: info@intlcyling.com

Race Director: adam@intlcyling.com

Registration: registration@intlcyling.com

Volunteering: rrfcx@intlcyling.com

Media Inquires: media@reallyradcx.com

Pro Athlete Relations: rrfcx@reallyradcx.com

Race website: www.reallyradcx.com

If you need to contact RRFCX by phone, please email the Race Director with your phone number and we will return your call right away.

ADDENDUM

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